# **HEALTHY SCHOOL CANTEEN**

Our aim is to connect school canteen with the school and to increase children's knowledge of proper nutrition.

Formation of Healthy dietary habits helps children to keep the dietary balance.

#### 1. PILLAR

Educated school canteen personnel

#### 2. PILLAR

Well-informed student

#### 3. PILLAR

Motivated teacher and school management







## PROJECT GOAL

Raising food variety and nutritional value of food served in school canteen.

By using 10 healthy food criteria's we show that school meals can be prepared better, healthier way.

#### HOW DOES THE PROJECT WORK

Přihlášená škola dostane svého lektora, který je průvodcem celého projektu a napomáhá splnit 10 stanovených kritérií Zdravé školní jídelny.

### **ARE YOU INTERESTED?**

More information can be found on www.zdravaskolnijidelna.cz. Lector's team for Moravian Silesian region is located in bookmark: Tým pro Moravskoslezský kraj







