## Our annual reports

Regional Public Health Authority of Moravian – Silesian Region ("RPHA") acquires and processes large amounts of data and experience from which it draws various trends, results and conclusions in the area of public health that are presented to the inhabitants not only of the Moravian-Silesian Region. There are two main annual reports, one of them is called "Ročenka" and the second one is called "Zpravodaj". Both can be find <a href="here">here</a> in electronic version in Czech language with various maps, graphs and other graphic elements.

## "Ročenka" 2018

It is a summary material in which we provide both the general and the professional public with information on the activities of RPHA in solving common problems and emergencies in the past year. It also includes information on the health status of the population of our region compared to the Czech Republic and data on infectious and non-infectious diseases. Over the years this annual report has become a sought-after material used by municipalities, state administration authorities and other in formulating health policy in our region.

The priority is the state health surveillance. It is necessary to mention the professional activities that have been contributing in the long term to the gradual improvement of the way of life in the Moravian-Silesian Region ("MS Region"). These include, for example, long-term monitoring of drinking water quality, risk assessment of the working environment, control of the level of provided services in catering facilities, and provision of healthy conditions for raising children and youth. Activities aimed at preventing the spread of infectious diseases play an irreplaceable role.

An integral part of our work is the transfer of experience from control activities and new knowledge in the field of public health protection. We organize educational events on various current topics (e.g. for safety technicians, for healthcare professionals, for catering operators, including school canteens, hygienic minimum for body care operators, seniors nutrition training). Specialists participate in the theoretical and practical education of students of the Faculty of Medicine of the University of Ostrava and they provide pre-test practice for general practitioners. Last year we also organized three national conferences with international participation.

Other activities that are positively accepted by public include participation in health promotion events (Days of Health, Days of Social Services, Earth Day), where they provide counseling on healthy nutrition, smoking issues or health protection from noise, as well as they offers health education materials, participation on educational events for children in kindergartens and primary schools, focusing mainly on healthy nutrition and physical activity.



Fig. 1: Front side of "Ročenka" annual report

## "Zpravodaj" 2019

Following the annual report "Ročenka", RPHA has also published the annual report called "Zpravodaj" for 2019.

In this paper, it provides the general public with the results of its activities in 2018, but also provides information on the protection and promotion of public health - selected indicators of the quality of the environment and health status of the population, which have been the subject of increased media interest. The aim is to bring this information closer to as many citizens of our region as possible.

Currently, the distribution of the printed version is carried out in cooperation with all the towns and villages of the region. Part of the copies will be available at the regional office, in the city's information centers, libraries, universities, and healthcare facilities.



Fig. 2: Front side of "Zpravodaj" annual report