## Health 2030

It is a strategic program of the Ministry of Health of the Czech Republic to ensure long-term and economic management of the health sector and to improve the Czech Republic's position to the European Commission in negotiating the possibilities of drawing from European funds in the health sector. It should motivate not only the professional but also the wider public. The basic objective is defined as follows: "The health of all population groups is improving".

The Health 2020 strategy is currently being implemented, the results and conclusions of which are an essential part of the preparations for the formulation of the new strategy paper. The Regional Public Health Authority of the Moravian-Silesian Region ("RPHA") informed about the activities in this area on its website and in the media.

The basis of effective and economical management is a long-term oriented and broadly conceived strategy of health care, which specifies not only the activities of the Ministry of Health, but also the activities of health care providers. By increasing the early detection of serious illnesses (shortening treatment) and increasing the chance of survival and subsequent quality of life, the public health system can save significant financial resources annually.



Based on the analysis carried out with regard to current needs and weaknesses in the area of provision of health services, the strategic objectives of the Health 2030 program were established (No. 1 - Improving the health of the population, No. 2 - Optimizing the health system, No. 3 - Supporting science and research), followed by 7 implementation plans.

- 1. Due to population aging, primary care needs to be reformed and reorganized, in particular to strengthen the competence of general practitioners and to increase the availability and quality of care.
- 2. Citizens are responsible for their own health.
- 3. It is necessary to strengthen their health literacy and support health and primary prevention, favorably influence health factors (nutrition, eating habits, physical activities).
- 4. Work to prevent substance abuse, alcohol abuse and smoking.
- 5. Prevent the emergence and spread of infectious diseases, promote vaccination and reduce antimicrobial resistance.
- 6. Improve the working and living environment.
- 7. Combine and optimize health and social care, reform mental health care.
- 8. Personally stabilize health care.
- 9. Digitize healthcare, including the use of artificial intelligence.
- 10. Optimize the health care reimbursement system.
- 11. Involve science and research to address priority health challenges.



The implementation plans will be commented and publicly consulted, then submitted for approval at a meeting of the Government of the Czech Republic.

Source and more information: Ministry of Health of the Czech Republic - <a href="http://mzcr.cz">http://mzcr.cz</a>