



## **Warning for travellers concerning the occurrence of a fever caused by the EBOLA virus**

**An epidemic** of the illness caused by the EBOLA virus has **currently been announced** in some West African countries (Guinea, Liberia, Sierra Leone) that have been hardest hit.

### **What is Ebola**

A serious infectious illness that ends with the death of the patient in more than half of the cases.

### **How it is transmitted**

It is transmitted through direct contact with blood or with other body fluids (such as urine, saliva) from people, dead or alive, afflicted by Ebola. The illness is also transmitted through sexual intercourse with a person who suffered from the illness, even several weeks after recovering.

It is also possible to be infected by an originator of Ebola through contact with wild animals (monkeys, bats, antelopes).

The illness is not transmitted through the air.

The period from the infection to the onset of the symptoms is 2-21 days.

### **What is the risk of infection by the Ebola virus and how to avoid it when travelling to high-risk areas**

If you are travelling to a high-risk area, avoid contact with ill people or with bodies of the deceased, as well as with items that may be imbrued with their secretions.

Avoid contact with wild animals, do not consume meat coming from the bush, avoid unprotected sexual intercourse.

### **What to do when returning from a high-risk area**

If symptoms such as a fever, inexplicable fatigue, muscular pain, headaches, a sore throat as well as diarrhoea, vomiting and subsequent bleeding appear within three weeks after **returning** from or when travelling in a **high-risk area**, it is **necessary to rule out the suspicion** that it could be due to the given illness.

If you are on board an aircraft, report this immediately to the aircraft crew.

If you are at an airport, do not leave the airport premises and look for the health-care services at the airport.

If you are already in the location of your residence, immediately contact your doctor or a medical emergency service and impart the necessary information including information about your stay in the area of West Africa or about your stay in any of the countries stricken with the disease.

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